

PARTNERS ENDING HOMELESSNESS



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PartnersEndingHomelessness.org

Suggested items for Snack bags/Care packages for homeless individuals

- Granola bars or cereal bars (chewy seem to work best because they are less likely to crumble)
- Cheese crackers or peanut butter crackers
- Fruit rollups or fruit snacks
- Protein bars
- Beef jerky, Slim Jims, etc.
- Small packs of tuna and crackers, deviled ham, etc.
- Dried fruit/raisins
- Peanuts/trail mix
- Fruit cups/pudding cups (the kind that do not require refrigeration!)
- Small bottled water or juice
- Plastic spoon or fork
- PEH (or other local) pocket sized Resource Guide

Most any small, individually packed food items will work, provided they are not easily crushed. Please make sure that none of the items requires refrigeration, as it can be several weeks before the bags are distributed.

Personal care items are also useful:

- Socks (black or white, adult size)
- Mini-pack of tissues
- Toothbrush
- Toothpaste
- Bar of soap
- Washcloth and/or hand towel
- Deodorant
- Comb
- Small packs of hand/body wipes
- Band-aids
- Lip balm/Chapstick
- Hand warmers
- Feminine care products (don't pack these in the bags, just leave them separate)

PLEASE DO NOT include any mouthwash or liquid hand sanitizer.

Pack one of each item in a gallon sized zip bag for easy distribution.

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1500 Yanceyville Street
Greensboro, NC 27405

201 Church Avenue
High Point, NC 27262

Phone: (336) 553-2715

Fax: (336) 553-2716