

## EXCELLENCE IN HOUSING:

### Support in Domains

**OrgCode Consulting, Inc.** is pleased to share this document as part of a collection of the most requested resources from our **Excellence in Housing** training series. These documents are intended for professionals who have been properly trained on these tools and practices.

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## Support in Domains

### Using the SPDAT Domains to Set Goals

Using the SPDAT presents many opportunities for setting goals. Included within this booklet are three recommended methods to use the SPDATs to get results.

Note that all three of these methods require the user to be fully trained on the SPDAT and to be using the SPDAT as an assessment tool.

#### Professional Development

You can use the SPDAT to identify areas where you, as a case manager, could use further training. If you notice, for instance, that your clients are consistently failing to improve in certain components, this could be a sign that you could use training in how to provide effective support within that area.

#### 3 Strengths & 2 Risks

You can use the SPDAT to sit down with clients and ask them to identify three components they consider to be strengths and two they consider to be risks to their housing. The risks are seen as things that may cause the client to lose their housing. You can use this assessment to help you client make goals about what areas in their life they would like to work on next.

#### 1 Strength & 2 Opportunities

You can use the SPDAT to sit down with clients and ask them to identify one domain that they consider to be a strength and two domains that they see as an opportunity for improving their quality of life. The opportunities are seen in a positive light. You can use this assessment to help you client make goals about what areas in their life they would like to work on next.

## Support in Domains

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### Professional Development

Thinking about your work as a case manager, identify which areas of support you have the most knowledge. How has your knowledge in these areas been **effective** in assisting the clients you work with?

Domain	Component	Got it	Don't got it
<b>Wellness</b>	<b>Physical Health &amp; Wellness</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Mental Health &amp; Wellness and Cognitive Functioning</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Medication</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Abuse and/or Trauma</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Substance Use</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Risks</b>	<b>Risk of Harm to Self or Others</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Interaction with Emergency Services</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in High Risk and/or Exploitive Situations</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Legal Involvement</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Managing Tenancy</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Socialization &amp; Daily Functioning</b>	<b>Meaningful Daily Activities</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Administration and Money Management</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Social Relationships and Networks</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Self-care &amp; Daily Living Skills</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>History of Housing</b>	<b>History of Housing &amp; Homelessness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Family Unit</b>	<b>Needs of Children</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Stability/Resilience of Family Unit</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in Children's Services/Family Court</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Size of Family</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Parental Engagement</b>	<input type="checkbox"/>	<input type="checkbox"/>

Which areas of support provide an opportunity for you to improve your skill set as a case manager? What specifically would you like to make improvements upon? \_\_\_\_\_

## Support in Domains

Client: <b>Maria</b>	Version: <b>2</b>	Date: <b>October 15</b>
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### 3 Strengths & 2 Risks Worksheet *Sample*

Which **3 components** of the 20 below are your **greatest strengths**? (Which 3 components don't you think present any risks to your housing?)

Which **2 components** out of the 20 below present the **greatest risks** to staying housed?

Domain	Component	Strength	Risk
<b>Wellness</b>	<b>Physical Health &amp; Wellness</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Mental Health &amp; Wellness and Cognitive Functioning</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<b>Medication</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Abuse and/or Trauma</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Substance Use</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Risks</b>	<b>Risk of Harm to Self or Others</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Interaction with Emergency Services</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in High Risk and/or Exploitive Situations</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	<b>Legal Involvement</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	<b>Managing Tenancy</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Socialization &amp; Daily Functioning</b>	<b>Meaningful Daily Activities</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Administration and Money Management</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<b>Social Relationships and Networks</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Self-care &amp; Daily Living Skills</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>History of Housing</b>	<b>History of Housing &amp; Homelessness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Family Unit</b>	<b>Needs of Children</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Stability/Resilience of Family Unit</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in Children's Services/Family Court</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Size of Family</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Parental Engagement</b>	<input type="checkbox"/>	<input type="checkbox"/>

### 3 Strengths

Why do you consider these areas to be strengths to work off of to help keep you and your family housed?

*I'm really good at stretching a dollar as far as I can. I know how to cook and clean and take care of myself, and I keep a level head. If I could get a job, I could make this work.*

## Support in Domains

Client: *Maria*Version: *2*Date: *October 15*

### 2 Risks

What do you feel is necessary to **work on with these two components right away** so that you and your family are more likely going to stay housed? *If I get arrested again, that'll be my third strike and I'll be locked up for a really long time, then I won't be able to keep my housing.*

What do you need to do for **yourself** and what type of support do you need **from me**? *I need to stop hanging around with Carla and Smoky. I need help meeting new people and getting a real job so I don't need the money.*

Are there any **skills or strategies** that have helped you in the areas that you don't think presents risk that would be **helpful** to consider here? *One of the reasons I'm so good at budgeting is because I can tell myself no, I don't need that. I have willpower. I can use that to tell Smoky that I don't want to be one of his girls anymore.*

Give a **timetable** for when you don't think this will be an issue anymore. *I'll tell them this weekend, but Carla will want to get high with me and then I make bad choices. If I say no enough times, maybe they'll lay off in a few weeks.*

## Support in Domains

<b>Client:</b>	<b>Version:</b>	<b>Date:</b>
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### 3 Strengths & 2 Risks Worksheet

Which **3 components** of the 20 below are your **greatest strengths**? (Which 3 components don't you think present any risks to your housing?)

Which **2 components** out of the 20 below present the **greatest risks** to staying housed?

Domain	Component	Strength	Risk
<b>Wellness</b>	<b>Physical Health &amp; Wellness</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Mental Health &amp; Wellness and Cognitive Functioning</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Medication</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Abuse and/or Trauma</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Substance Use</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Risks</b>	<b>Risk of Harm to Self or Others</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Interaction with Emergency Services</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in High Risk and/or Exploitive Situations</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Legal Involvement</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Managing Tenancy</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Socialization &amp; Daily Functioning</b>	<b>Meaningful Daily Activities</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Administration and Money Management</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Social Relationships and Networks</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Self-care &amp; Daily Living Skills</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>History of Housing</b>	<b>History of Housing &amp; Homelessness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Family Unit</b>	<b>Needs of Children</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Stability/Resilience of Family Unit</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Involvement in Children's Services/Family Court</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Size of Family</b>	<input type="checkbox"/>	<input type="checkbox"/>
	<b>Parental Engagement</b>	<input type="checkbox"/>	<input type="checkbox"/>

### 3 Strengths

Why do you consider these areas to be strengths to work off of to help keep you and your family housed?

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## Support in Domains

<b>Client:</b>	<b>Version:</b>	<b>Date:</b>
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### 2 Risks

What do you feel is necessary to **work on with these two components right away** so that you and your family are more likely going to stay housed? \_\_\_\_\_

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What do you need to do for **yourself** and what type of support do you need **from me**? \_\_\_\_\_

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Are there any **skills or strategies** that have helped you in the areas that you don't think presents risk that would be **helpful** to consider here? \_\_\_\_\_

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Give a **timetable** for when you don't think this will be an issue anymore. \_\_\_\_\_

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## Support in Domains

<b>Client:</b>	<b>Version:</b>	<b>Date:</b>
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### 1 Strength & 2 Opportunities

Which **1 domain** of the 5 below is your **greatest strength**? (Which 1 area do you think presents the least risk to you becoming homeless again?)

Which **2 domains** out of the 5 below that you feel are the areas where there are the **greatest opportunities** to make improvements in your life to help you and your family stay housed?

Strength	Opportunity	Domain	Component
<input type="checkbox"/>	<input type="checkbox"/>	Wellness	Physical Health & Wellness
			Mental Health & Wellness and Cognitive Functioning
			Medication
			Abuse and/or Trauma
			Substance Use
<input type="checkbox"/>	<input type="checkbox"/>	Risks	Risk of Harm to Self or Others
			Interaction with Emergency Services
			Involvement in High Risk and/or Exploitive Situations
			Legal Involvement
			Managing Tenancy
<input type="checkbox"/>	<input type="checkbox"/>	Socialization & Daily Functioning	Meaningful Daily Activities
			Administration and Money Management
		History of Housing	Social Relationships and Networks
			Self-care & Daily Living Skills
<input type="checkbox"/>	<input type="checkbox"/>	Family Unit	History of Housing & Homelessness
			Needs of Children
			Stability/Resilience of Family Unit
			Involvement in Children's Services/Family Court
			Size of Family
			Parental Engagement

### 1 Strength

Why do you consider this area to be a strength? \_\_\_\_\_

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How does knowing this is an area of strength help you and your family stay housed? \_\_\_\_\_

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## Support in Domains

Client:	Version:	Date:
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### 2 Risks

What do you feel is necessary to work on with these two domains **before other areas**? \_\_\_\_\_

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Are there **specific components** of the domains that you think present greatest risks to you and your family for not remaining housed? \_\_\_\_\_

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What do you need to do for **yourself** and what type of support do you need **from me** to best support you in these domain areas to help ensure you do not become homeless again? \_\_\_\_\_

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What are some specific **actions you'd like to take** and in what timeframe? \_\_\_\_\_

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